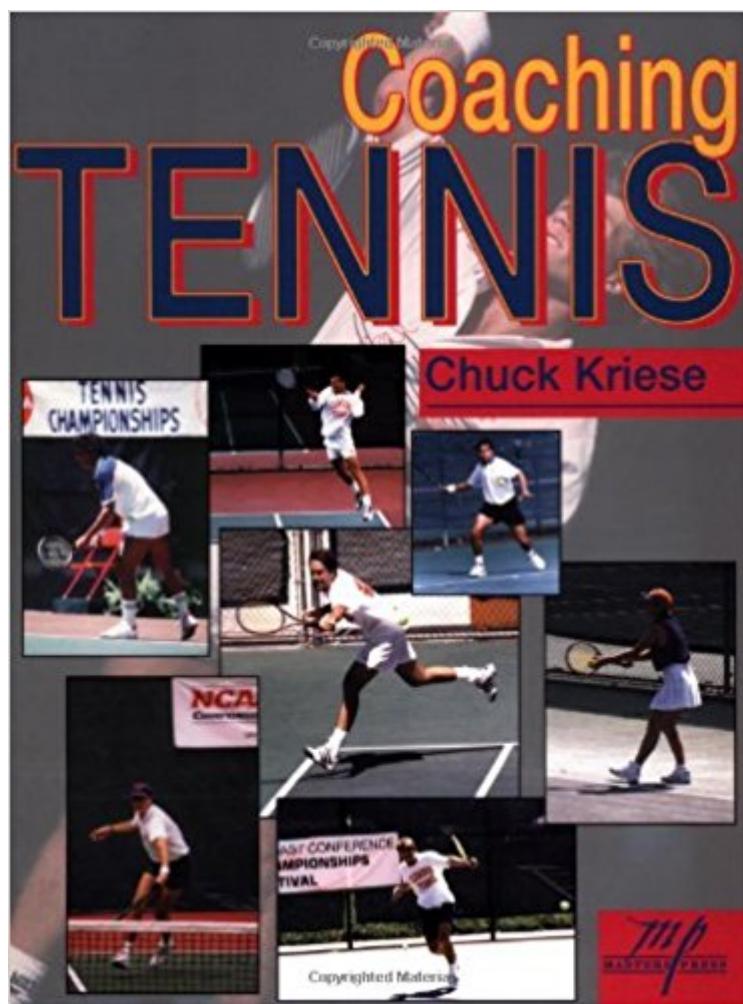


The book was found

Coaching Tennis (NTC Sports/Fitness)



Synopsis

Chuck Kriese, men's head tennis coach at Clemson University and former U.S. Junior Davis Cup Team coach, is the all-time winningest coach in the Atlantic Coast Conference, and his career victories stand among the top in U.S. collegiate history. His coaching accomplishments include eleven ACC titles, eight national top ten finishes, and six ACC Coach of the Year awards. The Kriese coaching legacy has produced thirty All-Americans, sent twenty-three former players to the professional ranks, and spawned twelve current collegiate level coaches from among his former players and assistants. Coach Kriese is the author of three other books--Total Tennis Training, Winning Tennis, and Youth Tennis. He has lectured on the sport in the United States, England, Japan, Spain, and the Netherlands. Coaching Tennis, formerly published as Total Tennis Training, is a recipe for total player development that gives players and coaches the competitive edge when it comes to understanding the complex sport of tennis. The most comprehensive coaching guide available, it is complete with detailed descriptions of physical training techniques, useful approaches for mental and emotional development, and keys to establishing player strategy and team unity. Updated to discuss every conceivable aspect of the modern game from technical skills to momentum management, practice drills to goal setting, directional guidelines to coaching philosophies--discover Coach Kriese's unique motivational program, a formula proven in competition and proven by champions.

Book Information

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Customer Reviews

McGraw-Hill authors represent the leading experts in their fields and are dedicated to improving the lives, careers, and interests of readers worldwide

The mental issues that are covered in this book are worth the price alone. It's less about strokes and more about teaching kids how to get the most out of their games. Coverage of "The Directionals, and The Step Out", are really enlightening. Once the kids understand the concepts covered, the improvement in their approach to tennis competition is amazing

Coach Kriese really knows his stuff! I would recommend this book to any tennis coach regardless of level.

Excellent coaching resource for any aspiring coach looking to improve their team or individual players. Very thorough in describing each developmental stage associated with building players with a total game!

As a coach, I am always looking for ways to help my players develop into better players. This book lays it all out. Timeless advice that works yesterday, today and tomorrow.

Very thorough. A good text book for me as a H/S coach. Could have better frame by frame pictures. Wish it had a better section on multiple player drills.

I've coached for over 30 years and Chuck's book is clearly one of the best I've read. A must read for any tennis coach - high school, college, or private coach. Well done Chuck, Rich Berman Owner/operator, Rich's Tennis School

As a lifelong tennis aficionado, I try to read a bit of everything that has to do with the sport. I must say, this is the most thorough and fascinating tennis book. Kriese covers everything that a player needs to know: The fundamentals for beginners and more advanced strategies for professionals. I found the sections on "directionals" (where to place the ball) and "pecking order" (how to play against opponents of different rankings) to be the most helpful. And not only is it informative, but very entertaining as well. Kriese splices the text with personal stories and antidotes that he has collected throughout his long career as a teacher. And it's less than the price of a single tennis lesson.

This book is great for the beginner, intermediate or even an advanced coach/player. No matter what level player the reader is, Kriese gives good advice on getting mentally and physically ready for the game. His advice covers stretching and physical training, advice on how to play the game against many types of players, (ex. players with good forehands and weak backhands, players who are fast and come to the net, etc.), drills to prepare for the game, photos of techniques, diagrams on drills...and I could go on. I've been using this book for almost two years to get tips on drills and techniques as a player/coach. It's helped improve my game and the players I teach. I highly recommend it!

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